

# Need Food?

## Food Resources for Adults in San Mateo Country During COVID-19

**Call 211 to be connected to food resources near you**

### Prepared Meals

#### South San Francisco

St. Vincent de Paul SSF. Mondays, Wednesdays, and Fridays 10-- 11 am  
344 Grand Avenue, South San Francisco. 650-589-9039

#### San Bruno

Catholic Worker Hospitality House. Weekdays 6:30-- 8:30 am  
555 West San Bruno Avenue, San Bruno.  
650-827-0706

#### San Mateo

Samaritan House. Weeknights 4- 6:30 pm  
Masonic Lodge. 303 Tilton Avenue, San Mateo.  
650-347-3648

#### Redwood City

Boys and Girls Club. Weeknights 6--7pm  
1109 Hilton St, Redwood City

Street Life Ministries. Mondays and Wednesdays. 7:30 pm (line up before)  
1304 Middlefield Rd, Redwood City  
650-716-6624

#### Menlo Park

Street Life Ministries. Tuesdays and Thursdays. 7:30 pm (line up before)  
Menlo Park CalTrain Station. 1120 Merrill St, Menlo Park  
650-716-6624

#### Palo Alto

Street Life Ministries. Mondays 7:30 pm (line up before)  
2890 Middlefield Rd, Palo Alto  
650-716-6624

#### East Palo Alto

Boys and Girls Club. Weeknights 6--7pm  
2031 Pulgas Avenue, East Palo Alto

### Grocery Pick-Up Sites

Daly City-- Jefferson High School  
6996 Mission St, Daly City  
Thursdays and Saturdays 11 am--1 pm

Half Moon Bay--Ted Adcock Community Center  
535 Kelly Ave, Half Moon Bay  
Thursdays 3 pm--5pm

San Mateo-- Samaritan House Pantry  
4031 Paific Boulevard, San Mateo  
Weekdays 9 am--12pm and 1pm-- 4 pm  
Call 650-341-4081 to be enrolled in the program

Redwood City and East Palo Alto-- Boys and Girls Club  
1109 Hilton St, Redwood City  
2031 Pulgas Avenue, East Palo Alto  
6-7pm, Wednesdays in Redwood City, Fridays in East Palo Alto

### Nutrition Resources for Seniors

Senior Residents of East Palo Alto call 650-329-5900  
Senior Residents of Half Moon Bay call 650-726-9056

### Other Resources

Second Harvest Food Bank of Silicon Valley Food Connection Hotline: 1-800-984-3663

Text "GETFOOD" to 408-455-5181

Email [getfood@shfb.org](mailto:getfood@shfb.org)



Clinic by the Bay